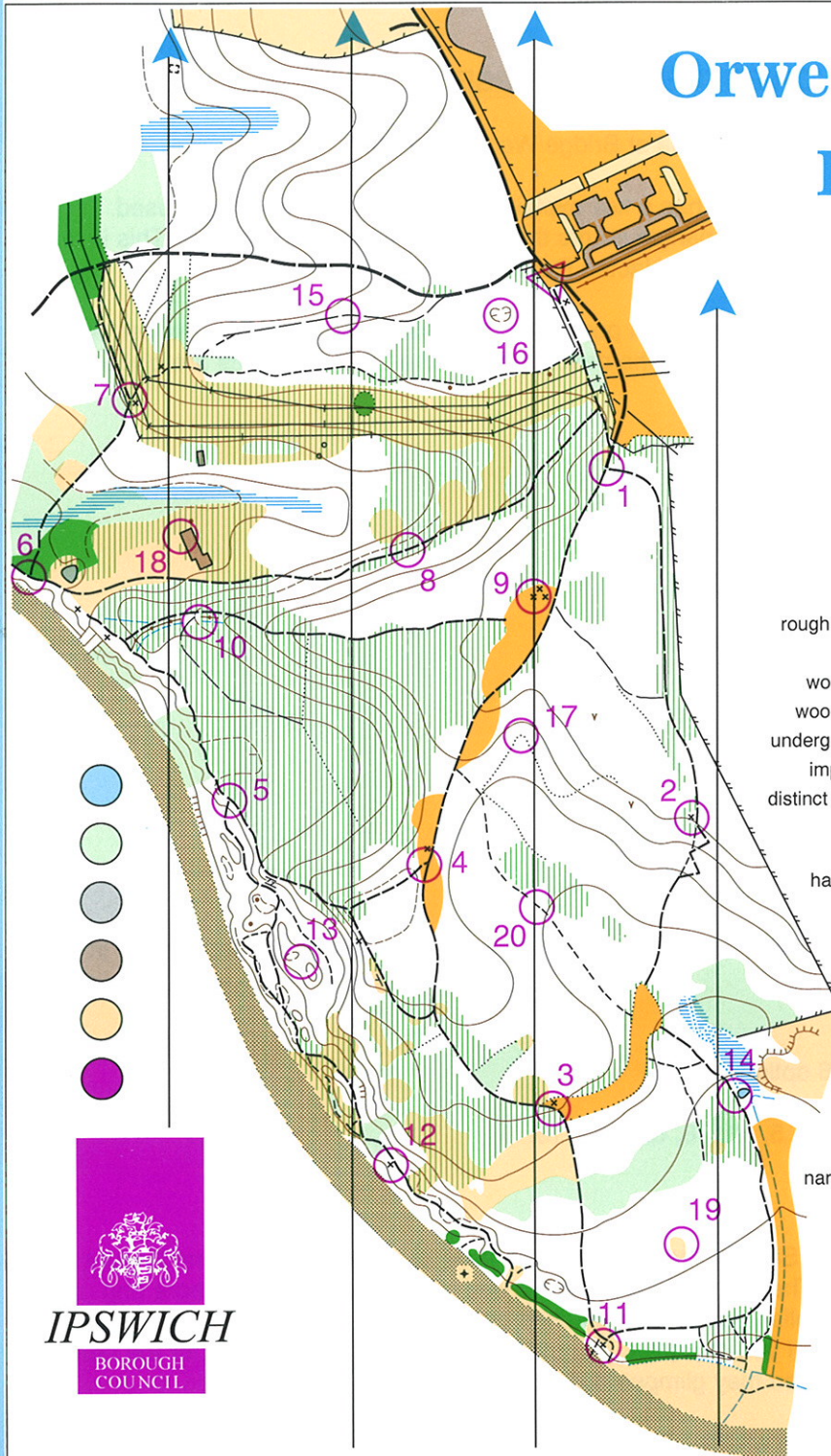
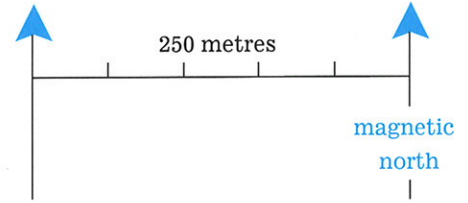


# Orwell Country Park

## Bridge Wood

Scale: 1:5000

Contour interval: 5m



- |                              |  |                   |  |
|------------------------------|--|-------------------|--|
| open land                    |  | minor road        |  |
| rough open land              |  | vehicle track     |  |
| tidal sand                   |  | large path        |  |
| woodland run                 |  | intermittent path |  |
| woodland walk                |  | small path        |  |
| undergrowth walk             |  | extraction lane   |  |
| impenetrable                 |  | power line        |  |
| distinct vegetation boundary |  | high fence        |  |
| parking/hardstanding         |  | fence             |  |
|                              |  | small earth wall  |  |
|                              |  | contour           |  |
|                              |  | form line         |  |
|                              |  | steep earth slope |  |
|                              |  | large knoll       |  |
|                              |  | small knoll       |  |
|                              |  | depression        |  |
|                              |  | small pit         |  |
|                              |  | ruin              |  |
|                              |  | seat/picnic table |  |
|                              |  | pipe              |  |
|                              |  | mast              |  |
|                              |  | footbridge        |  |

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*Education*

Grid reference TM 186 405  
 Based on the 1992 map by Stirling Surveys  
 Surveyed Spring 1996 by W McLean  
 Drawn by M Hore, W McLean using OCAD 5 software.  
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1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20

## ORWELL COUNTRY PARK PERMANENT ORIENTEERING COURSE

Welcome to Orwell Country Park permanent orienteering course at Bridge Wood, Ipswich.

Overleaf is a specially produced orienteering map. The map has a key explaining the symbols and colours used. The map is overprinted with 20 numbered circles and a triangle. The triangle marks the start and finish of the course. This is at the parking area for Bridge Wood, approached following signs from Nacton Road.

Each numbered circle marks the position of an orienteering control post. Each post has a red and white marker plate showing the number of the control and a two letter secret code. The descriptions of the 20 control sites are given below.

### Control Descriptions:

1.	Path junction	11.	Seat
2.	Seat	12.	Seat
3.	Path bend	13.	Between knolls
4.	Path junction	14.	Pond, W. side
5.	Path junction	15.	Extraction lane bend
6.	Path junction	16.	Depression
7.	Path junction	17.	Vegetation boundary
8.	Path	18.	Hardstanding, NW. corner
9.	Picnic table	19.	Clearing
10.	Ditch end	20.	Intermittent path

### Suggested Courses:

The following routes are recommended. When you reach each control site write down the secret two letter code in the correct box overleaf.

Short:	Controls 1, 2, 3, 4, 9, 1.
Easy:	Controls 1, 2, 3, 4, 5, 6, 7, (15, 16 optional).
Medium.	Controls 1, 2, 14, 11, 12, 5, 10, 8.
Difficult.	Controls 1, 9, 17, 20, 14, 19, 11, 13, 5, 10, 18, 6, 7, 15, 16.

### About Bridge Wood

Bridge Wood is a large ancient woodland within the Suffolk Coast and Heaths Area of Outstanding Natural Beauty. It is owned and managed by Ipswich Borough Council. The wood is mainly composed of plantations of sycamore and scots/corsican pine. There are also a number of English oak and sweet chestnut pollards, some of which are over 450 years old. In the spring the wood is full of bluebells. If you are quiet, you may hear a cuckoo, nightingale, or the raucous laugh of a green woodpecker. Watch carefully, and you may glimpse our elusive deer, foxes or squirrels.

Please take care not to trample wild flowers or disturb wildlife. (This is especially important in the spring.) Have consideration for other country park users.

### The Ipswich Borough Council Ranger Service

The Ipswich Borough Council Ranger Service is responsible for the management of parks and open spaces within the Borough, and encourages the involvement of volunteers from the community. The rangers provide essential liaison with the public, students and school children, to promote awareness of our local wildlife. For further information ring 01473 230055.

### Orienteering in Suffolk

If you would like to find out more about orienteering in Suffolk, please contact the Suffolk Orienteering Club, c/o J Webb, 17 Church Lane, Sproughton, Ipswich, IP8 3BA, Tel: 01473 742778. For information about orienteering generally contact the British Orienteering Federation, Riversdale, Dale Road North, Darley Dale, Matlock, Derby, Tel: 01629 734042.