



IPSWICH
BOROUGH COUNCIL

Equality Impact Assessment

Whitton SC programme return - Fitness Classes

Ref: EQIA2020081134

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Title of report: Whitton SC programme return - Fitness Classes

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What is the report trying to achieve?:

The purpose of the report is to try and ensure the return of fitness classes at Whitton Sports Centre after reopening after the Covid-19 lockdown provides accessibility to as many people as possible.

The Sport and Leisure service deliver and run numerous sports and physical activity across a variety of centres in order to help get and keep people fit and active. This includes people from a range of BAME communities and people with disabilities. All facilities are open to the whole community.

The revised fitness programme is designed to offer a limited return of the service's more popular classes so that customers that use these to keep active can return to some activity. The classes will be the same classes as before lock down and there is a range of high intensity, low intensity and Pilates based classes, which provide a range of activities for different fitness levels and ages.

All classes can be accessed by people with a range of disabilities and the activities themselves can be tailored and amended depending on the mobility of the customer. Some activities such as Pilates and Aerobics aren't recommended for some people with muscular-skeletal issues but there are other options for to choose from.

The service will also continue with the online classes which will allow those that are isolating, unable to visit the centre or unable to access the programme to continue to keep active at home.

What evidence/data is being used to support this equality analysis?:

Ipswich Direct/other social media, Analysis of service data (e.g I-card), Activity Alliance Covid-19 report

Supporting documents (if available):

<http://www.activityalliance.org.uk/news/5710-covid19-the-impact-on-disabled-and-older-people-in-the-uk>

http://www.activityalliance.org.uk/assets/000/003/476/Reopening_Activity_-_An_inclusive_response_Activity_Alliance_Version_1-June_2020_original.pdf?1592468390

Is there potential for positive or negative impact on any of the protected characteristics?

- **Age:** *Negative*
- **Disability:** *No Impact*
- **Marriage & Civil Partnership:** *No Impact*
- **Race:** *No Impact*
- **Pregnancy & Maternity:** *Negative*
- **Religion or Belief:** *No Impact*
- **Gender Reassignment:** *No Impact*
- **Sex:** *No Impact*
- **Sexual Orientation:** *No Impact*

If 'No Impact' explain why

Disability - Most activities can be accessed by those with a disability. Some are not appropriate for some disabilities based on medical advice but others are perfectly fine with correct adaptations which we can do.

Marriage & Civil Partnership - All activities are accessible to everyone regardless of their marriage situation

Race - All activities are accessible to everyone regardless of their race

Religion or Belief - All activities are accessible to everyone regardless of their religion or belief

Gender Reassignment - All activities are open to males and females so those that have gone through reassignment wouldn't be excluded as a result

Sex - All activities are open to male and female

Sexual Orientation - All activities are accessible to everyone regardless of their sexual orientation

If you have identified any negative impacts (above) how can they be minimised or removed?

Age - the revised programme doesn't re-introduce the Low Impact Fitness classes initially, which whilst not only for older people, do have a high proportion of older people taking part. The decision was taken because the nature of the virus and its impact on older people meant we couldn't be sure on the demand when first opening up. There are a number of classes being run which would be appropriate for older people and we know older people do participate in them normally. We are also keeping the Low Impact Fitness class going online, which has been well used during lock down.

The report helps us to 'eliminate unlawful discrimination, harassment & victimisation' in the following way(s):

This report removes discrimination by ensuring that a range of classes means that those that could be impacted on are still catered for, either through adaptations or alternative activities. There was also the consideration of the customer base for classes when designing the programme.

The report helps us to 'advance equality of opportunity...' in the following way(s): We provide a range of different classes to ensure there is the ability for a range of customers to participate. There was also the consideration of customer base when designing the programme.

The policy helps us to 'foster good relations...' in the following way(s): This programme provides different options of classes.