

Apprentice Corner

The first weeks of being an IBC Apprentice: Harry Rawnsley

I have been working for the IBC for just over 5 weeks and I have enjoyed my time so far. I was very nervous my first couple of days but after seeing how nice and welcoming everybody in community support teams were, this changed. Which has improved my confidence.

My skills have developed considerably in my time thus far. My skills using Microsoft Teams have improved drastically I can now book meetings and access folders and upload files onto teams.

My engagement skills have improved even in my short time at the IBC. I attended the fresher's event at University of Suffolk to promote personal and property safety. I struggled to engage with the students. However, at the next event at the university I engaged with multiple people.



A year in the life of an IBC Apprentice: Lewis Bennett

I have worked for the IBC for over a year in the Health and Wellbeing team having started in August 2021. Applying for the role is the best decision I have ever made. I have been involved in a wide range of projects which have allowed me to improve my personal development. Of particular importance has been being involved with running of the dementia awareness training. I have become a dementia champion. So far, I have assisted with the training of 48 people in dementia awareness. To date I have run the most sessions of any champion.

Furthermore, so far during my time at the IBC I have taken part in a number of public engagement events which have really helped to improve my confidence. This has allowed me to have quality interactions with members of public which has been noticed by my other members of staff who are now inviting me to attend other events.